

Our Services

Our main focus areas are:-

- ◆ Domestic Violence issues
- ◆ Children's Services
- ◆ Family Support

We offer:-

- ◆ Domestic Violence Counselling
- ◆ General Counselling (Individual)
- ◆ Playgroup
- ◆ Education
- ◆ Information
- ◆ Advocacy
- ◆ Referrals
- ◆ Resources
- ◆ Assessments
- ◆ Casework

The Deli has been established since 1979, providing services to the community, targeting the Botany Local Government area.

The Deli Women & Children's Centre Inc. is a non-profit community based organization funded by the Department of Community Services and is managed by members from the local community.

The Deli Women & Children's Centre

STAFF AT THE DELI

Manager—Vicki

Email: manager@thedeli.org.au

Administration Support—Jennifer

Email: admin@thedeli.org.au

Family Support & Counselling Service

Monday—Thursday 9am—4.30pm

Counsellors/Caseworkers -

Jan, Erica & Juliette

Email: counselling@thedeli.org.au

Children's Services & Support

Monday—Wednesday 9am—2.00pm

Children's Services Team-

Rosa, Jennifer, Lee & Ana

Email: childservices@thedeli.org.au

Play Therapy & Counselling for Children

Wednesdays 12pm—6pm

For more information and bookings, please phone Bettina Ebert on 0402858293

The Deli

Program for

Term 1

2012

30/01/12 - 05/04/12

Women & Children's Centre

Office Hours:

Monday—Friday

9.00am—4.00pm

72 Maloney Street

Eastlakes NSW 2018

Telephone: (02) 9667- 4664

Facsimile: (02) 9669 - 5538

Website: www.thedeli.org.au

Email: admin@thedeli.org.au

GROUPS AT THE DELI—TERM 1, 2012

MONDAYS

Domestic Violence Seminar Series

Commencing 20/02/12—19/03/12

12.15pm (12.30pm -2.30pm)

The aim of the group is to provide therapeutic support to women who are currently experiencing or recovering from domestic violence/abuse. Topics covered include:

20/2/12– Grief & Loss (Part 1)

27/2/12– Grief & Loss (Part 2)

5/3/12—Managing Emotions

12/3/12– To be confirmed

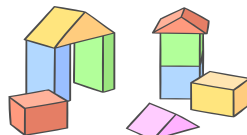
19/3/12– To be confirmed

Free childminding available for participants. Bookings essential for group and childminding, please contact us on 9667-4664 or admin@thedeli.org.au.

TUESDAYS

Parenting Support Appointments

If you have any concerns with parenting, child development and behaviour, appointments are available with our Children's Services Team on Tuesday afternoons 12.30pm– 2pm. Please call us on 9667-4664 to make an appointment.



WEDNESDAYS

Timeout Group-

Weekly Commencing on 15/02/12

12.15 pm (12.30pm -2.00pm)

This group is for women of all ages who would like some time out from their everyday lives, to rediscover themselves through new ways of relaxing and relating. Topics covered in this term include:

15/02/12-Aromatherapy & Meditation

22/02/12-Dream Collage & Visualisation

29/02/12-Candlemaking & Meditation

7/03/12-Join us for International Women's Day

Celebrations 10am-12pm

14/03/12-Body Movement & Meditation

21/03/12-Body Movement & Meditation

28/03/12-Body Movement & Meditation

04/04/12-Body Movement & Meditation

Free childminding available for participants. Bookings essential for group and childminding, please contact us on 9667-4664 or admin@thedeli.org.au.

THURSDAYS

"Wrapped In Angels" Therapeutic Group

Commencing 09/02/12—29/03/12

9.45pm (10.00am –12.00pm)

This 8 week therapeutic craft group is aimed at women who are on a journey of recovery from domestic violence and/or sexual abuse in their lives. The group aims to engage women and work with them to build resilience from traumatic experiences and for them to feel empowered in their journey of healing and recovery through the use of needle craft and production of an "Angel Blanket." Free childminding available for participants. Bookings essential for group and childminding, please contact us on 9667-4664 or admin@thedeli.org.au.

1, 2, 3 Magic & Emotion Coaching

Parenting Group

Commencing 12/03/12—26/03/12

9.45am (10.00am-12.00pm) at Chifley Public School Hall at Mitchell St, Chifley

This 3 week parenting program aims to help parents understand the nature of discipline and respond to and manage their children's behaviour with effective skills and less emotion. Reduce your feelings of frustration and learn how to get your kids to start doing what you would like them to do. Free childminding available for participants. Bookings essential for group and childminding, please contact Lauren at The Junction Neighbourhood Centre on 9349-8200.

(This parenting group is delivered as part of The South Randwick Hub Project)

Join us at The Deli for:

*INTERNATIONAL WOMEN'S DAY CELEBRATIONS—

Wednesday 7th March 10am-12pm and

*HARMONY DAY CELEBRATIONS—

Tuesday 27th March 10am-12pm

